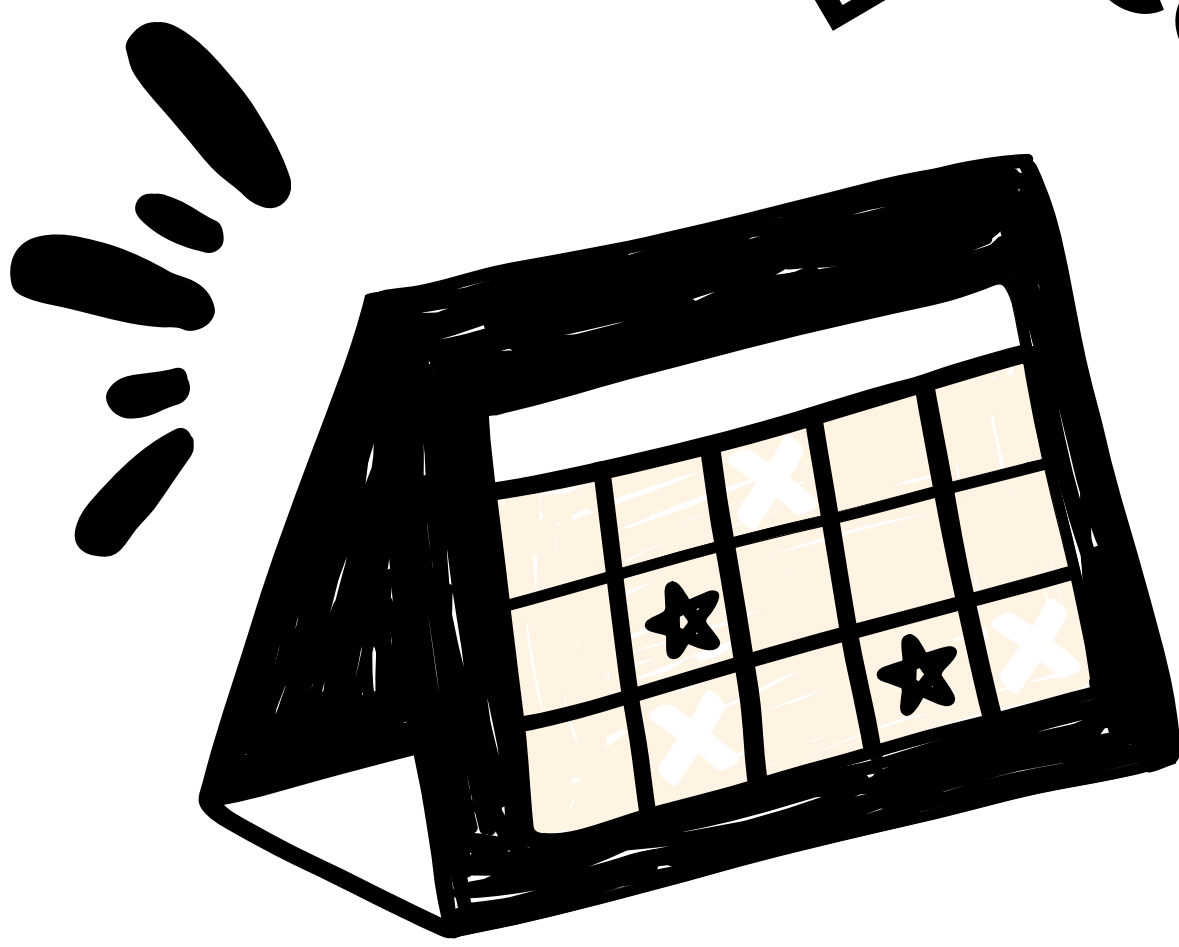
LES COURS



BABY (4-5 ANS)

LUN 17h30 / 18h15

MAR [redacted]

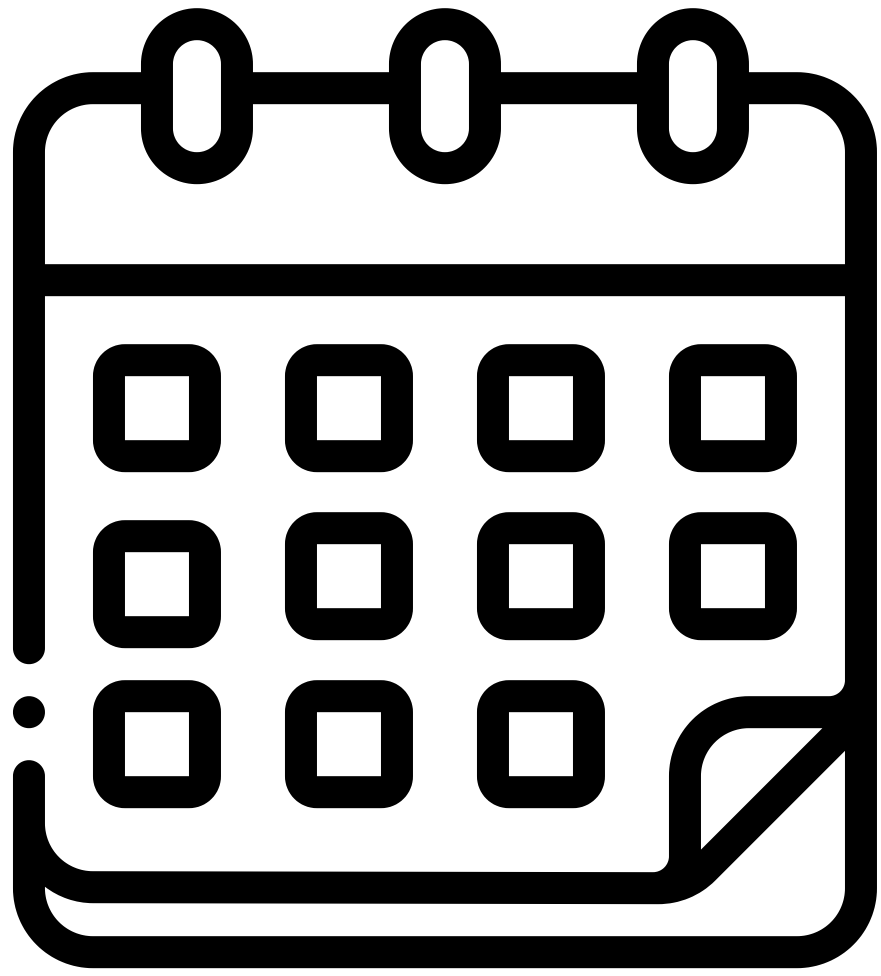
MER [redacted]

JEU [redacted]

VEN [redacted]

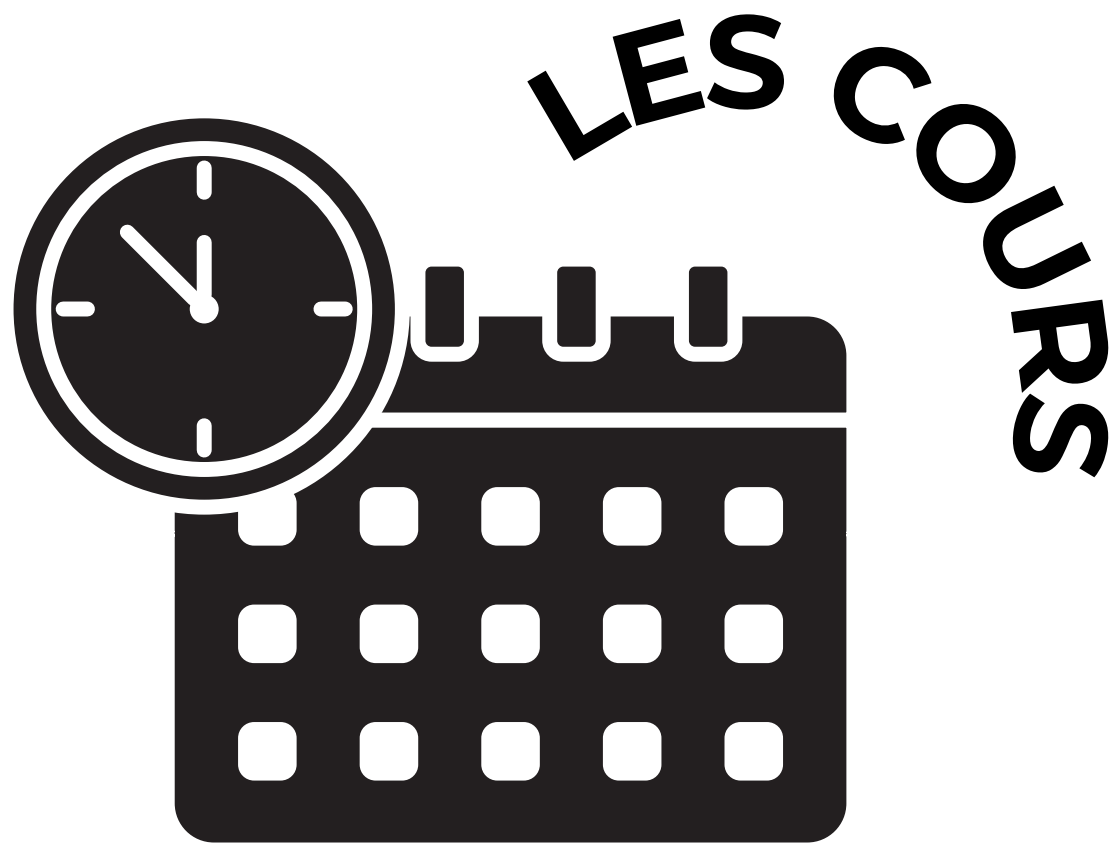
SAM [redacted]

LES COURS



ENFANTS (DÈS 6 ANS)

LUN	18h15 / 19h00
MAR	[redacted]
MER	18h00 / 19h00
JEU	[redacted]
VEN	[redacted]
SAM	[redacted]



ADOS/ADULTES (DÈS 11 ANS)

LUN 19H00 / 20H00

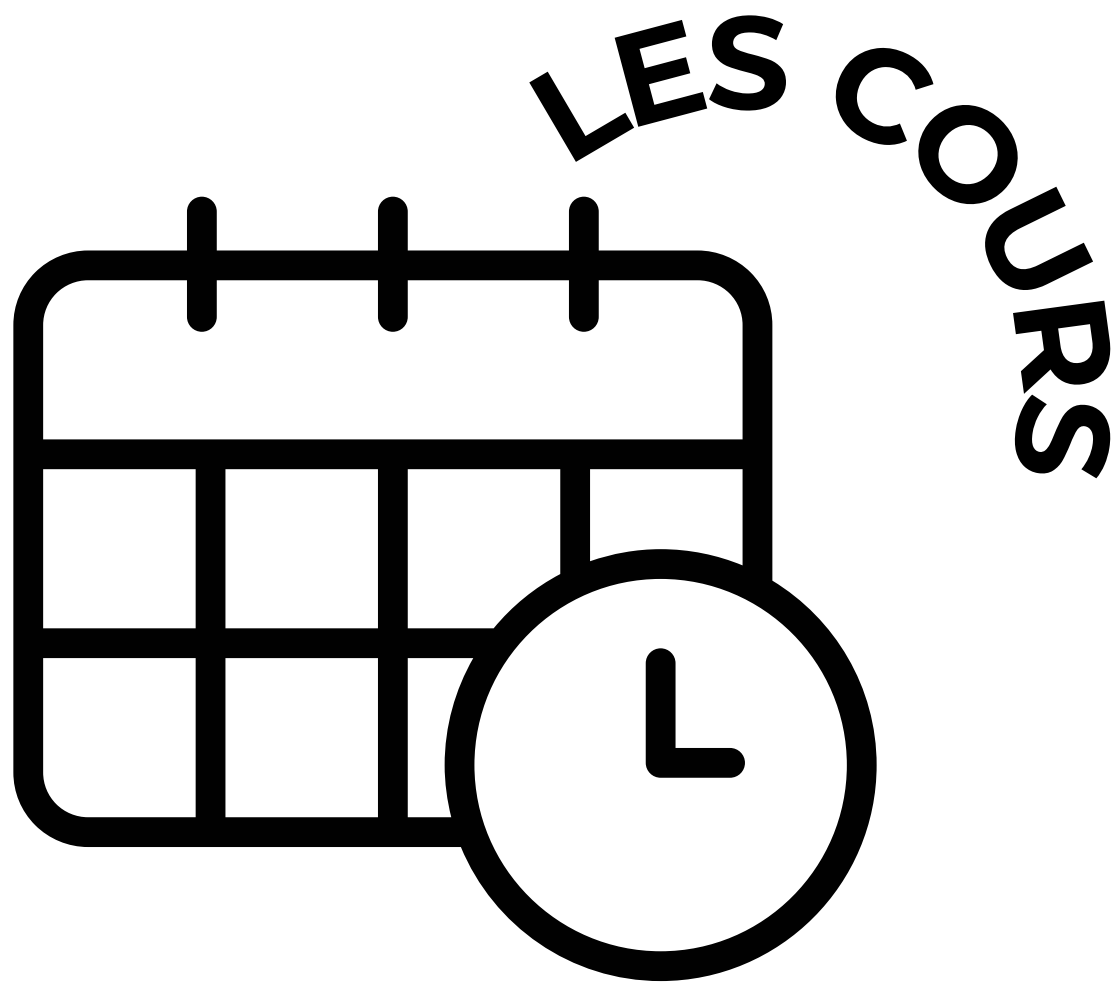
MAR [redacted]

MER 19H00 / 20H30

JEU [redacted]

VEN [redacted]

SAM [redacted]



SELF DÉFENSE, QI-GONG...

LUN 20h00 / 21H00

MAR [redacted]

MER [redacted]

JEU [redacted]

VEN [redacted]

SAM [redacted]